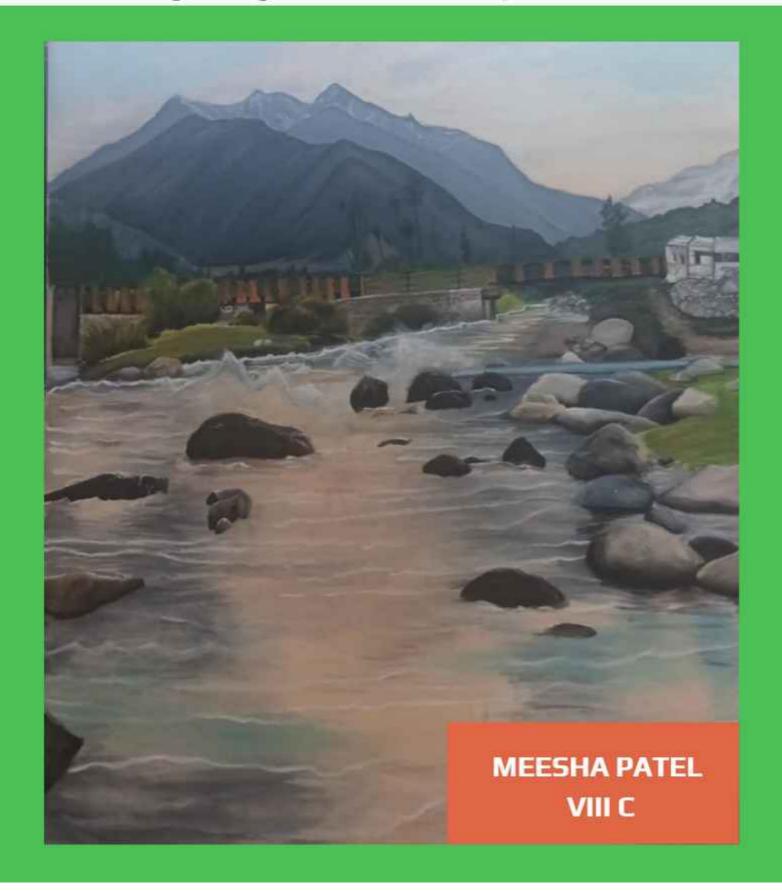
SA SUKRIT

(An initiative by the students of Sri Sathya Sai Vidya Vihar, Indore)

Bi-Monthly E-Magazine

September Edition '24



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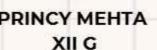
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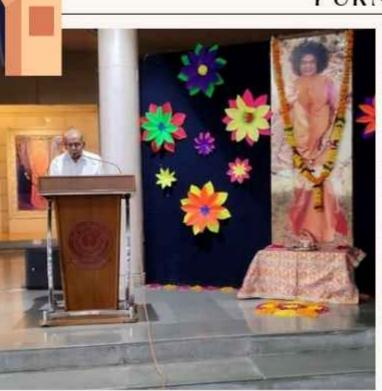
RITVIKA GUPTA XI C



SHREEYA CHAUBE XE

THE CELEBRATION OF 44TH FOUNDATION DAY AND GURU PURNIMA





The 44th Foundation Day of the school and Guru Poornima were celebrated to commemorate the roots of our efforts and knowledge and the wings of our dreams in the presence of the Director, Shri. M G Paranjape and Principal, Dr. Anju Chopra.

Devotional songs to pay obeisance to our Supreme Guru Baba reverberated in the Auditorium and Bal Mandir.



Paranjape Sir in his speech reiterated that we must always honour the guiding lights who inspire and educate us.



As per the tradition of the school, Aarti that day was offered by Surendra Kumar bhaiya in Bal Mandir and Rajesh Bihari bhaiya in the Senior School.



Students and staff honoured the school's journey and the invaluable guidance of their mentors. The atmosphere was filled with joy, gratitude, and community spirit.





HAPPY BIRTHDAY SIR





Sri Sathya Sai Vidya Vihar, Indore, celebrated the birthday of Director, Shri M.G. Paranjape, the doyen of education. Sir has carved an incredible legacy as a beacon of education and leadership. He has touched the lives of countless students, teachers, and families, fostering a culture of excellence, compassion, and lifelong learning. His commitment for nurturing young minds and empowering educators sets a remarkable example for all of us.

We are immensely grateful for your steadfast leadership and the positive changes you've brought to our institution. Independence Day 2024

A nation's soul, unchained and free, In freedom's dawn, we rise with glee.





The spirit of freedom was celebrated with fervour and gaiety and a pledge to uphold the sovereignty and cultural identity of our Bharat. The flag was hoisted by our Humanities City Topper, Ishan Shrivastava, Director, Shri M G Paranjape and Principal, Dr. Anju Chopra.

The children of the School Choir presented an invigorating patriotic song as a mark of



respect and tribute to the countless sacrifices of the brave hearts in attaining freedom

The School Auditorium reverberated with the mellifluous tunes of the School Band igniting the patriotic sprit.

Chief Guest, Ishan Shrivastava in his speech said we all should understand our responsibility and must contribute actively in the development of our country. Guest of honour Shri. Taresh Kumar Soni, Tl, Lasudiya left the children spellbound with his inspiring words.

Director, Shri M G Paranjape and Principal, Dr Anju Chopra in their speech motivated the children to tread the path of discipline and integrity and take the country to greater heights.

The celebration came to an end with the resounding tunes of the National Anthem by our School Band.

Jai Hind







INVESTITURE CEREMONY



Sri Sathya Sai Vidya Vihar, Indore hosted the Investiture Ceremony on 17th August 2024, a momentous occasion where the newly elected student council members—Head Boy Atiksh Gupta, Head Girl Shreshtha Sharma, Presidents and Associate Presidents received their badges and sashes from the Principal Dr. Anju Chopra.

The School and House Cabinet received their badges and sashes from the Vice Principals, Headmistress, the Sports Incharge, the CCA Committee and the House Incharges.

During the ceremony, the Principal acknowledged the students' leadership qualities and encouraged them to approach their responsibilities with diligence for the benefit of the school. She reminded the leaders that they are Sai Ambassadors and should follow the value system taught by Sri Sathya Sai Baba.

The student leaders
pledged to uphold the
school's prestigious name
with integrity and
dedication and expressed
appreciation for the
opportunity to contribute
meaningfully to Sri Sathya
Sai Vidya Vihar community.



INTERNATIONAL YOGA DAY





A Yoga session for children of classes V to VIII was conducted to spread awareness about the importance of yoga and to commemorate the International Yoga Day.

An energetic dance
portraying the various
yogic asanas was
performed by the
children. An interactive
quiz was conducted by the
senior students, a video of
celebrities sharing their
experience and endorsing
yoga as a way of life was
shown to the children
followed by
demonstrations and
practice of yoga.







Champions Of Sathya Sai





Sunday morning was filled up with excitement in the air as our stalwarts - 240 sports achievers (2023-24), along with their coaches, enjoyed a movie show 'Chandu Champion' at INOX C21.

The School Management had organized a special screening of the movie.

We are thankful to the Management for their magnanimous gesture of celebrating the hardwork and dedication of the Coaches and the children.

व्याप्त स्था







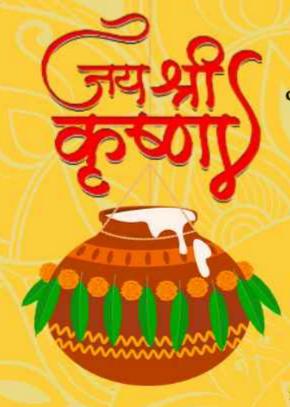




A Joyful Tribute to Lord Krishna
The auspicious occasion of Janmashtami was
celebrated with great zeal and festive fervor.
The festivities commenced with a beautiful
prayer, followed by mesmerizing dance and
song that depicted the love for Bal Gopal.
Little Krishnas and Radhas were dressed in
vibrant attire.

The campus was transformed into a colorful canvas of love and devotion.





Janmashtami, the birth of Lord Krishna, is celebrated with great joy and devotion. The festive spirit unites communities in a shared expression of faith and love for the divine.

Janamashtami was celebrated by the children and the teachers with great fervour and gaiety.

The celebration was replete with devotional songs, dance praising the Lord, quiz, stories of the childhood of Lord Krishna and life lessons from the Bhagwad Gita.

The celebration would have been incomplete without 'Matkiphod' that symbolises the transition of ignorance to light. Our children as Gopas & Gopikas unitedly and enthusiastically participated in the Matkiphod.

The air resonated with the sounds of traditional dance and music, as everyone revelled in Krishna's love and devotion.















BONSAI & LANDSCAPING WORKSHOP



We were fortunate to have Mrs. Padma Kalani and Mrs. Neelam Tapadia, Members, Board of Governors, Sri Sathya Sai Vidya Vihar, Indore and Bonsai enthusiasts amidst us for an interesting and insightful workshop on gardening, landscaping and Bonsai.

Planting more and more trees is the solution to keep our Mother Earth healthy. The small spaces that most people live in prove to be a hindrance to do so but Bonsai offers an elegant solution for those living in small spaces and wish to grow trees. These miniature trees require minimal space, making them ideal for apartments and urban living.

Everyone was amazed to see the beautiful landscapes and bonsais created by them. The children were inspired to learn from the masters themselves.

LANDSCAPING WORKSHOP

It is imperative to instil 'Green Skills' in our children to guide them for taking care of our planet, keeping it healthy and green. CBSE also propagates developing green skills amongst children. Sri Sathya Sai Vidya Vihar, Indore has become a pioneer in promoting green skills in the children.

A landscaping workshop was organised in the school wherein, Mrs. Padma Kalani, Mrs. Neelam Tapadia and Mrs. Indu Mohan Maheshwari, known names for creative Bonsai & Landscaping apprised the children about the nuances of gardening, types of soil, methods of watering and nurturing the plants.

The children created beautiful garden in a tray with their nimble fingers replete with the ecosystem of a garden- plants, flowers and butterflies.

The children enjoyed the fun-filled session abounding with knowledge.







CYBER PATHSHALA

Internet has transformed how we live and connect, highlighting the growing reliance on digital technologies. There has been a surge in the usage of internet in the recent times. Many children indulge in overuse of social media without knowing the threat it can pose. With the rise of cyber threats like hacking, phishing, and malware, robust security measures are crucial for safeguarding oneself from potential breaches and cyber-attacks. In order to empower the children against Cyber Crime an interactive 'Cyber Pathshala' was organised in the school. Shri Shivam Thakker, Sub-Inspector, Training & Awareness Cell, Crime Branch, Indore apprised the children about the various cyber frauds and the measures that must be taken to avoid any contingency. Mrs. Sadhana Todi, Mrs. Alpana Bhandari President & Secretary of the NGO, Always Happy Helping Hands and their core team members were also present.

Shri Shivam Thakker patiently solved the queries of the children. It was indeed a very informative and interesting session.



Career Counselling





Career counseling lights the path to self-discovery, guiding individuals to align their passions with their profession. It empowers informed choices, turning dreams into achievable, fulfilling realities.











Our select few children and teachers had the opportunity to attend the Skill Expo 2024 and Guidance Festival 2024 organized by CBSE at DPS, Kolar Road, Bhopal to guide the children about the various career options keeping in mind the skill education as laid down in the NEP, 2020. Mr. Satish Pahal, Deputy Secretary, Department of Skill Education, CBSE also guided the students on the importance of skill subjects in today's scenario. He also emphasized on how CBSE is bridging the gap between Academic and Skill based subjects.

The children gained a lot from this interactive session.

Open House Design Workshop









The children who have opted for Fine Arts in class XI & XII had the privilege to attend an Open House Design Workshop at Labh Mandapam- Abhay Prashal organised by UID Design Disha, a reputed university of Ahmedabad. Only the top schools of Indore had received the invite for the workshop.

The children were taught nuances of creating innovative posters and designing garments.

It is a matter of pride that Ayushi Jain 12 B Mauli Arora 12 D Ananya Sharma 12 F Suhana Kakkar 12 F Rishab Daroo 11D were honoured for their creative art work.



REVOLUTIONISING AFFORESTATION

With the aim of creating awareness regarding forest conservation and tree plantation, an innovative afforestation method was introduced to our students.

Mr. Hiten Patel and his team from Gujarat demonstrated how drones can be used to disperse seed balls over large areas, making tree planting more efficient and accessible. This method combines modern technology with traditional techniques to help protect and restore our environment





Visit To Lalbagh Palace



The children of class IV visited the Lalbagh Palace to explore the grandeur of the monuments and get an insight about the architectural marvel and its rich history.

ATRIPTO DAINIK BHASKAR



The print media is the greatest weapon in the hands of a global citizen. The children of class VI visited the Dainik Bhaskar Printing Plant on 15th July, 2024 along with their teachers. The visit gave them an insight about the techniques used in a printing press. They witnessed the process of printing of a newspaper right from the scratch. They were also apprised about the resources required for printing a newspaper. The children were given a copy of the newspaper highlighting the news of their visit. Sumptuous snacks that were served also made their learning fun.

MAKING WATER REUSABLE

"Water is a gift from the creator, protect it, respect it"

An educational trip was organised for the students of class VII to the Waste Water Treatment Plant, Compost Pit and Horticulture garden at Choithram Manikbagh Campus, with the aim of instilling the practice of saving water.

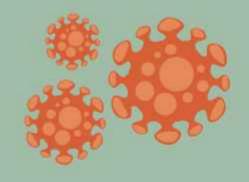


The students had an interactive session with Mr Gorakh Singh and Mr Samir Vyas (Horticulturist), where they learned and observed the various steps involved in waste water treatment, composting. Children also enjoyed the beautiful view of the various species of flora in the horticulture garden.





Glimpse into the Microbial World





Students of class VIII visited the Microbiology department, Shri PMB **Gujarati Science** College, where they were introduced to the real cultures and growth of microbes. The students observed different types of microbes under the microscope.

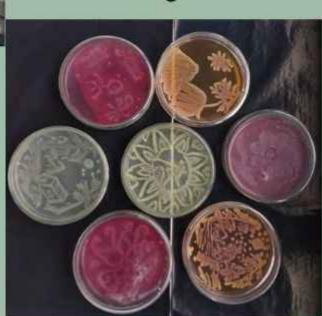


A small presentation highlighting different equipment like autoclave incubator were shown and uses and harms caused by microbes were also discussed. Different videos related to different organisms like protozoans eating bacteria were shown.

Art form by growth of in micro organism was also displayed.

It was a great learning experience for our children.





Visit to Agricultural College



Students of class IX visited the Agricultural College where they interacted with Dr. Mukesh Saxena (Hybrid Specialist) who apprised them about the variety improvement in plants, he also shared nuances of using the correct oil, different breeds of Sorghum, growing naturally coloured cotton. Dr. Sanjay Dubey explained about the soil composition, formation, health and its dynamic use for the growth of plants. Students also explored the soil testing laboratory. Dr. Narendra Kumawat enlightened the children about the ongoing project of integrated farming in the Agricultural College. It was a complete package of learning, exploring and experiencing the various aspects of plant growth and agriculture.

ADVENTURE IN THE LANES OF UDAIPUR

The trip of class XI and XII children to Udaipur & Kumbhalgarh was filled with exploration, learning, and laughter.

Unforgettable memories in the making.



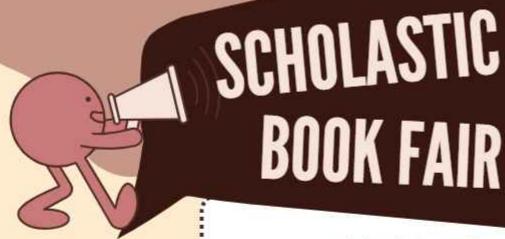














BOOKS ARE OUR BEST FRIENDS!













READING FUELS
IMAGINATION
AND DEEPENS
UNDERSTANDING,
MAKING IT A
VITAL TOOL FOR
PERSONAL AND
INTELLECTUAL
GROWTH.

A SCHOLASTIC
BOOK FAIR
WAS ORGANISED
IN THE SCHOOL TO
OPEN THE WIDE
DOORS TO THE
WORLD OF BOOKS
FOR THE
CHILDREN.

Every Tree Counts

To commemorate the celebration of Van Mahotsav - the 'Festival of Forests' and to spread the message of making our earth greener, amongst the children of Bal Mandir Principal, Dr. Anju Chopra planted a sapling of Amla tree.

She apprised the children of the importance of celebrating Van Mahotsav. She further encouraged the children to plant at least one sapling to mark their contribution towards making the planet greener and healthy. She emphasized that mere planting trees only will not help us in saving the environment, however one must ensure its proper care as there resides a life within it.

She motivated the children to come forward and share names of medicinal plants which we will plant in our beautiful Bal -Van.

The cherry on the cake was that the students who would suggest the names will get a chance to plant that sapling by themselves.

The plantation activity brought joy to the school environment and it ended with a beautiful song "ped lagao, ped lagao."

The amla sapling planted by Principal ma'am will be shifted to the school garden where the children can see it growing throughout the year.







Medicinal plants are a bridge between nature and healing.

India is a land of diverse flora and fauna. There are various species of plants that can be an asset in treating many diseases without any side effect.

The school has come up with a medicinal plant garden 'Balvan' where a plethora of medicinal plants namely Neem, Giloi, Tulsi, Harjod, Lemon Grass etc. were planted and will be nurtured by the children giving them exposure to the qualities of these plants.

Anushree Sharma (VIII F) and Karunya R Iyer (VIII F) had suggested planting Tulsi, Neem and Aloe Vera.

May our green ambassadors keep shining.

Young hands, green future!

Our children of class IV planting seeds of change today for a healthier tomorrow.







Green Carnival



TOY DAY A toy of way, sp ows judg in ess and olds fun t ilay!

Bal Vatika children very enthusiastically brought their favourite toy to school and shared it with their friends. They celebrated 'Toy Day' and learnt an important value that "Sharing is Caring".

It was a fun-filled experience for them to bring a 'Toy' instead of a 'Bag'. "

The smile of the children was like a Rainbow in the clear Sky.















NO BAG DAY



As per CBSE guidelines, to promote a healthy and stress-free learning environment, our school observed a "No Bag Day" for children of classes I to IV.

Children were encouraged to come to school without their bags and instead, engage in fun activities, games and Project Based Learning. The day was filled with laughter and excitement as the children participated in team-building exercises, quizzes, and creative presentations on the vibrant culture and rich heritage of Madhya Pradesh'.



Children of classes II & III came dressed as famous personalities of Madhya Pradesh .







Toy Story Movie Show



Children of class IV were abuzz with excitement as a special movie show was organised for the young minds. The School Auditorium was transformed into a mini cinema hall for the day.

The children enjoyed the movie "Toy Story" with wide eyes and big smiles.

They were served yummy popcorns.









ALICE World is full of dreams AND

Fairy tales are an interesting medium of highlighting moral values and life lessons. These stories inspire creativity, highlight good versus evil, and emphasize values like bravery, kindness, and perseverance.

The children of Bal Vatika enjoyed the gripping enactment of Alice in Wonderland.



STORYTIME



The tiny tots of Bal Vatika 1 C & 3 C brought the story of Tom Sawyer to life with their energetic performance. They skillfully portrayed the characters and their personalities, from Tom's mischievous grin to Aunt Polly's stern expression. The kids' costumes and props added to the authenticity of the role play

It was a delightful performance that showcased their talent and creativity.

CELEBRATING THE SPIRIT OF FREEDOM

The young minds of Bal Mandir embarked on a vibrant journey,
"Connecting India," to commemorate the essence of independence.
Children of classes I & II brought the map of India to life by
connecting numbers and colouring it with the Tricolour.
Children of classes III & IV took on a thrilling challenge, connecting
the dots and transforming the map into a memory game.











The Hidden Gems Of India



Anvi Cokhale, a talented student of class I C, left the audience spellbound with a captivating presentation, full of confidence on the hidden gems of Indian National Symbols.

Her performance left a lasting impression on all who witnessed her remarkable talent.

FREDOM FEST

A week long Freedom Fest was celebrated to honour and appreciate the contributions of our freedom fighters and Soldiers. Freedom Fest was a resounding success, showcasing the students' creativity and enhancing their knowledge about historical places related to the freedom struggle. As an ode to the unwavering might of the torchbearers of freedom the children the children of classes V-X undertook a plethora of activities like Collage Making, Poster Making, PPT Presentation, Role Play, Discussions etc. featuring the diverse range of significant historical places and events.

Class V



Class VI



Class VII



Class VIII



Class IX



Class X



Model United Bharat (MUB)



Class V students participated in an engaging Model United Bharat (MUB) activity, showcasing their creativity and cultural heritage of Indian festivals. Inspired by Raksha Bandhan and Janmashtami, they crafted stunning collages, posters, and charts, and mesmerized the audience with dance, drama performances, and innovative PPT presentations.



Free Press Inter School Skit



The first round of the Free Press Inter School Skit was held in Sri Sathya Sai Vidya Vihar. Eminent persons, Mr. Harish Joshi and Ms. Juhi Agrawal graced the occasion as judges. They applauded the efforts of the students for presenting the exceptional skit to commemorate the life of the legendary Paramveer Chakra Awardee, Second Lieutenant Arun Khetrapal.



CBSE READING CHALLENGE



The CBSE Reading Challenge in English and Hindi was organised for the students of classes VI- X. All the students were given the opportunity to hone their linguistic abilities engaging their reading and analytical skills. The students with the highest score in English and Hindi, (one from each class) will be nominated for Round 2 of the challenge to be held next month.





Reading is the KEY to learning

JOY OF GIVING

Geroines with heart.



Taking forward the 'Joy of Giving' our Community Service Programme, the children of class IX visited Sanskar Pathshala, that provides free education to the children of slum and daily wage workers. Our children donated 5 computers, biscuits, bananas and Frooti spreading joy in their lives.











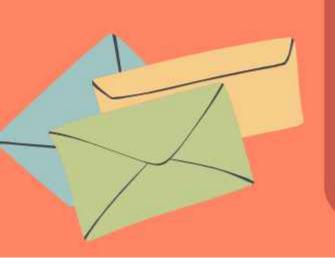
One doesn't always need eyes to create something beautiful

RAKSHABANDHAN MEETS ENTREPRENEURSHIP

Drishtiheen Sangh visited the school to empower blind students by involving them in showcasing their talent and creativity in rakhi – making thereby fostering entrepreneurship, and skill development.

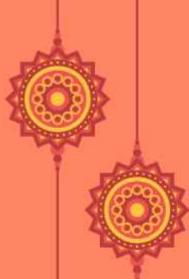
Students of our school encouraged them by purchasing rakhis and developing mutual respect and fostering a greater sense of inclusion and respect within the

school community.



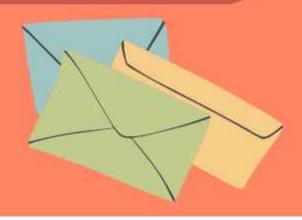














Amie Agrawal of Bal Vatika 2 C, Aashmi Agrawal,
Joanna Karda and Aavya Jain of class IV E, put up
stalls of handmade bookmarks, and paper toys
every Saturday during summer break in their
township.

They bought material to make sandwiches from the money earned and distributed the sandwiches to the underprivileged children.



SMALL ACTS, BIG IMPACT



Keyur Agrawal of class III D distributed over 150 chocolate cookies to vegetable vendors and mobile street vendors right after school. He felt deeply satisfied spreading joy among the children, who thanked him warmly. It was a truly wonderful experience of giving.





Following the adage 'Hands that serve are holier than the lips that pray', Reyansh Tandiya (VIC) has donated his savings made during the summer vacation to his maid's daughter Nandini.

He is very happy that he has helped her to purchase her school books.







Divijraj Chawla of class V A diligently treads the path of 'Love all; Serve all'. He fed the street dogs nas a part of his school assignment and established a bond of friendship with them.



A praiseworthy and an innovative step by Anayasha Chouksey. She distributed plants to teachers and her peers on her birthday instead of chocolates.

Indeed a unique and an environment friendly idea.

सत्य सांई स्कूल की छात्रा अनायशा चौकसे की अनूठी पहल जन्मदिन पर स्कूली दोस्तों में पौधे बांट कर चौकाया छात्रों और टीचर्स को

प्रजातंत्र संवाददाता | इंदौर

सत्य सांई स्कूल की छात्रा अनायशा सागर चौकसे ने अपना जन्मदिन क्लॉस के छात्रों के बीच अनूठे अंदाज में मनाया। ज्यादातर स्कूली बच्चे जन्मदिन पर स्कूल में अपने साथियों में बांटने के लिए चॉकलेट लेकर जाते हैं। वो चॉकलेट के साथ पौधे भी लेकर गई।

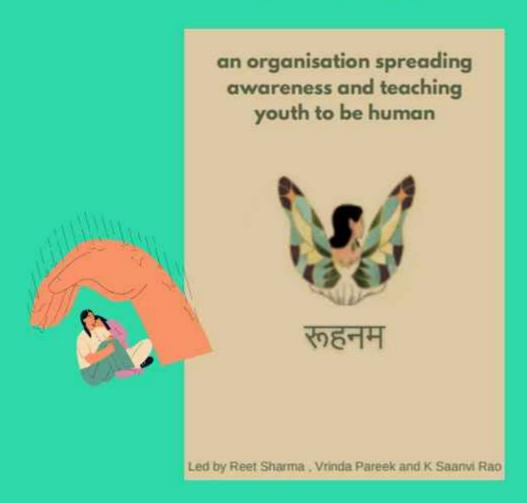
क्लॉस के सहपाठी पहले तो चौंक गए जब वह चॉकलेट के साथ सब को एक एक पींधा भेंट कर रही थी। उसने क्लॉस टीचर को भी पौंधा भेंट किया। पर्यावरण सरंक्षण की इस पहल के साथ अनायशा ने सभी से अनुरोध भी किया कि अपने पेरेंट्स के साथ पौंधे को अपने हाथों से ही घर के गाउँन, गमले या सार्वजनिक उद्यान में लगाएं और उस पौंधे की चौंकसी करें, उसे पनपते हुए भी देखें ताकि परिवार के संरक्षण से पौंधे को भी पनपने में परेशानी न हो।पौंधा संरक्षण के लिये उसके द्वारा किये गए इस अनूठे अंदाज में दी गई सलाह की भी स्कूल टीचर्स स्टॉफ सराहना की।

बेटी अनायशा के इस पर्यावरण प्रेम से प्रफुल्लित पिता सागर चौकसे का कहना था परिवार में राष्ट्र प्रेम, प्रकृति प्रेम के वातावरण से बच्चों को यह संस्कार मिले हैं।अनायशा की इस पहल पर यदि हमने उसका



उत्साह बढ़ाया तो उसकी एक वजह यह भी थी कि बच्चों में जब प्रकृति प्रेम, पर्यावरण संरक्षण के संस्कार विकसित होंगे तो उनके बड़े हो जाने पर हमें बताना नहीं पड़ेगा कि जीवन में प्रकृति-पर्यावरण का संरक्षण क्यों जरूरी है।अभी शहर में कैलाश विजयवर्गीय के आह्यान पर 51 लाख पौधे लगाने का जो अभियान चला था तब अपने भाई-बहन के साथ अनायशा ने भी पौधे लगाए थे। उसे यह भी पता है कि प्रति व्यक्ति कम से कम 428 पेड़ होना चाहिए लेकिन यह घटकर मात्र 28 पेड़ हो रह गए हैं।





In the quiet gift of giving, souls intertwine, A flame of love that shines, unseen, divine.

Treading the road of altruism, our children Reet Sharma (X C), Vrinda Pareek (X C) and K Saanvi Rao (X A) have initiated a youth organisation, 'Roohnam' to spread awareness about the inherent human values to encourage 'being human'.

INTER HOUSE AD ELLM MAKING CONTEST

We are living in a world of dynamic and vast career options. To apprise the students with the art of cinematography and provide a platform to those who are passionate about visual storytelling and film production, an Inter - House Ad Film Making Contest was organized for students of classes VII - XII, wherein students created various spectacular ad-films promoting Indore Tourism.

Students learnt about the power of advertising and enjoyed this one- of-a-kind Ad- Film Making CCA Contest. The 1st position was awarded to Karmanbeer Singh Bhatia (IX E) of Ganga House, the 2nd position was awarded to Dhruvika Bansal (XE) of Narmada House, and the 3rd position was awarded to Karuna lyer (VIII F) of Yamuna House.







FLAYOUR MEETS FUN



'Flavour meets Fun', the children of classes V-IX whisked up wholesome wonders in the Inter-House Salad Making Competition.



























VICTORY STARTS WITH UNITY

Intra-Mural sports foster teamwork, physical fitness, and a healthy competition among children.

Intra-Mural Sports competitions were organised for the children to provide a platform to children to participate in sports, enhancing school spirit and overall well-being.



TEACHINGS OF MAHAVIR Class Assembly V11 B

The students of Class VIII B presented a captivating assembly illustrating Mahavira Swami's transformative journey from a prince to a spiritual leader.

They brought his principles of non-violence, compassion, truth, and self-discipline to life through video, skit, travelogue, and devotional songs. The mesmerizing performance on the Navkar Mantra further deepened the audience's understanding.

The program concluded with a call to action, inspiring all to embody the wisdom propagated by Mahavir Swami in their daily lives, fostering a culture of empathy, hardwork & self-reflection.



DAY-1

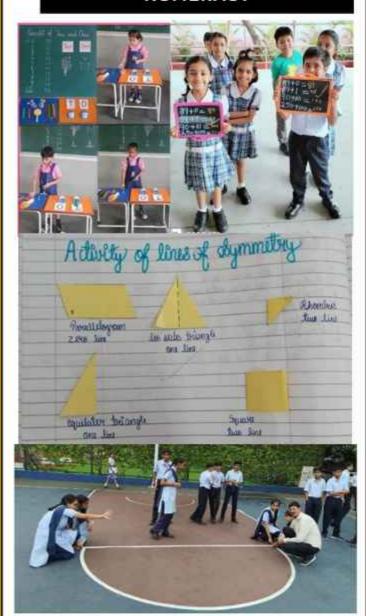
TEACHING LEARNING MATERIAL DAY





DAY-2

FOUNDATIONAL LITERACY AND NUMERACY





SPORTS DAY





DAY-4

CULTURAL DAY







COMMUNITY LUNCH









Science Week Special!!

The children of class VI presented a skit on the life of the great scientist Albert Einstein as a part of the Science Week.

It was an inspiration for everyone and they learnt how persistence pays off.

Parents were invited for the event and they appreciated the performance and efforts of the students



Bird Boxes





To emphasize the importance of saving lives and maintaining ecological balance, the students of Class VII made bird & boxes to be placed in the school garden They carefully prepared and decorated the boxes, providing food and water for the birds to foster a sense of responsibility and compassion. The students have also pledged to regularly care for these bird boxes, nurturing their soft skills while contributing to the well-being of the local bird 🛊 population.

The Science of Healthy Living



With the motive of creating awareness among students for combating different disease, students of class VIII showcased a Power Point Presentation in the Assembly on "Way towards a healthy life".

They researched about various diseases related to seasonal fluctuations, their symptoms and causative agents and then emphasising on their prevention and precautions, they gave tips as to how every one can bay these diseases by taking small steps towards hygiene. Students shared the information in a very interactive and interesting manner, which helped in conveying the message in a very simple and easy way. The students could easily understand the precautions to be taken while handling transitions of seasons.

It was an awareness drive towards healthy living.



Tagging of Plants

Students of classes IX and XI tagged the plants in the campus with their Common as well as Scientific names. They researched about the scientific names and also the rules of writing them. The children enthusiastically participated in the activity that enhanced their knowledge and they learnt the nuances of identification of various commonly found plants.



SCIENCE QUIZ

A Science Quiz was organized for the children of classes V to XII to ignite curiosity and challenge the minds of young learners. Volunteers had put up a plethora of insightful, interesting and creatively appealing science riddles on pillars throughout the school, turning the campus into an interactive puzzle hunt. As the children moved from one corner to another, they eagerly engaged with these brain-teasers, sharing ideas and enjoying the thrill of solving them together. This activity not only made learning fun but also encouraged teamwork and critical thinking, making science an exciting adventure for all involved.

















ART CORNER



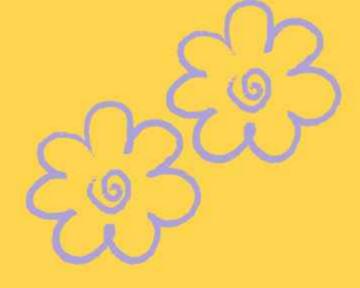




By: Sarakshi Tiwari XII C











By: Avni Jain ~ XII C



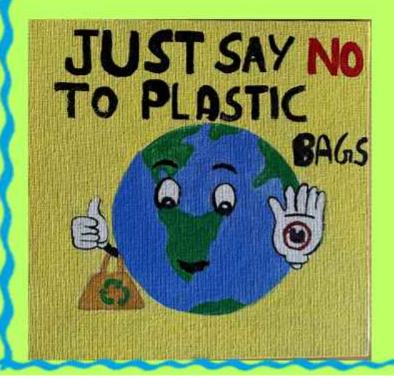


Kimaya Soni, VI- C





Ishnoor Kaur Bhatia, I-B





Kaira Bhasin, III-B





By: Bhuvi Modi XII A







Moon Rathore XII A





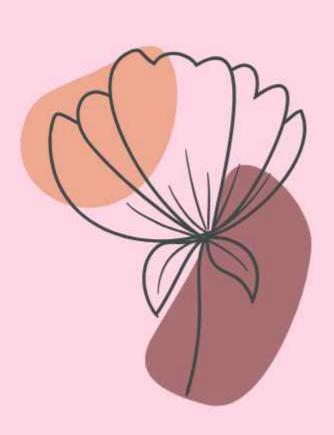


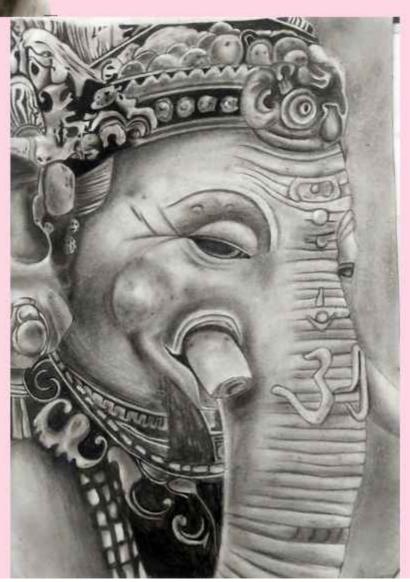
Swarit Agrawal

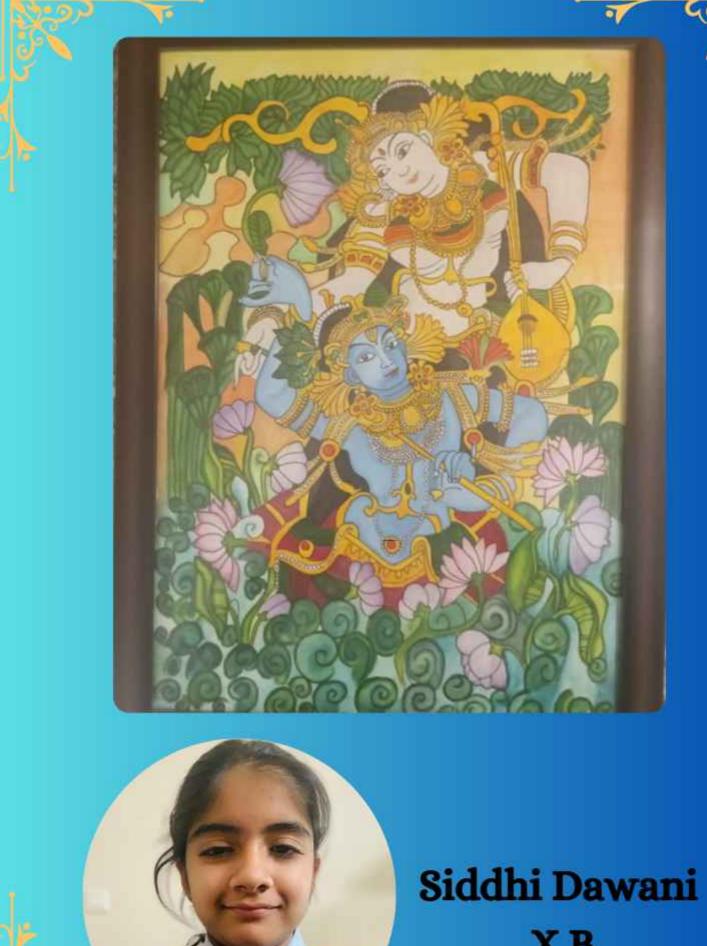




Advait Sharma VIII D









X B









Mahek Sood XII F

SORPHW OF PAN

People get happy when the water hits the ground And quote something like "The clouds shed tears in the form of rain." Well, then why are you enjoying someone else's pain?

Do you ever admire a bright sunny day?

I bet you don't bother, not until the clouds turn grey
Sad yet comforting in their own, unique way
You know like when the sky cries,
unleashing all the pain?

The lightning -a warning- strikes the ground
The bottled-up rage bursts out in storms
That's when you look up and
ask "What's wrong?"
Only to get drenched in the rain
listening to a sad song

So next time the clouds turn grey
Take a moment and ask "How was your day?"
Before they burst and it starts to rain.

OJAL KATIYAR X F



THROUGH HER EYES

Girls in history always had this thought,
"Why are we born as girls?" they often fought.
The restrictions were stopping them, holding them back.
In a world where equality was what they lacked,
Why can't our lives, be equal, be normal,
A world where fairness is truly universal?

People think they've changed, their thoughts evolved, but deep inside, a bride's future is resolved.

Society teaches equality, a noble quest, yet violence or excess respect are what we manifest. Why can't our lives, be equal, be normal, A world where fairness is truly universal?

But now times have changed, and thoughts have evolved,
In the embrace of parents who make the world revolve,
Protecting you from society's unwelcome plight,
so be happy you've got that rare guiding light.
Yes, because of our parents' hands on our head,
Our lives can be normal, a world where fairness is truly universal.

With each stride forward,
From night's rest to the morning's glow,
We shine bright, like the sun's gentle flow.
Some teach love's lessons, others sports and play,
Sweetness and strength in our own unique way.
Misunderstood, perhaps, for our gentle grace,
Yet beneath lies a spirit no challenge can erase.

So, get ready, those days of sympathy are past, Now's our time to shine, to rise at last.



kaasya Pillai IX D

The Light on The Other Side



Lavanya Sharma XII D

I was a half-read book,
An untied lace,
An empty classroom,
I was a dried plant,
A half-cut tree,
I was a broken vase,
I was an unlit candle,
I was that part of the earth where light couldn't reach.

That was before I found the will to read myself,
To tie my laces,
To fill the classroom with my people,
To bloom a flower on that plant,
To let the tree regrow,
To turn that vase into an art piece,
To light my candle,
To be my sun to light me up.

All it took was a thought to be better for myself, To heal myself.

So, this is the cue for you to find the light on the other side, Because tomorrow might be a better day.





Bhavika Agrawal XI G

The significance of failures in success has long been emphasized. Failure is viewed as a sign of 'growth,' according to advice. But does that imply that all failures are constructive? Are there certain mistakes you shouldn't put up with?

Jeff Bezos, a business tycoon, makes a distinct distinction in this case. According to him, there are two different types of failures: operational failure and experimental failure.

Let's say you are developing a new idea and doing some sort of experiment and you don't get the results you were hoping for. That's an experimental failure. With this kind of failure, you ought to be happy. It should serve as evidence that your thinking is sufficiently expansive.

However, you shouldn't take pride in all failures. Operational failures are what they are termed as. For example, if you fall short at something that should have been knowable and doable with careful decision-making and effort, you just messed up. Bezos cites the warehouses run by Amazon as an example. Over the years, he claimed, the business built hundreds of distribution centers at Amazon. They are equipped with experience. They are aware of potential problems and how to prevent them. Bezos says if they were to build a new distribution center and it's a disaster, that's bad execution. That failure is not desirable.

Accepting your flaws in this situation and letting them motivate you to improve will be the correct course of action. You may begin by thinking back on your most recent failures and grouping them according to Bezos' description. When there is an operation fails, make a note of what went wrong and what you may have done to prevent the bad result. You'll be able to decide more wisely in the future if you do this. Failure in all its manifestations is a necessary step on the road to success. It serves as a stepping stone for innovation, progress, and personal development. Embracing experimental failures inspires us to take chances, investigate novel concepts, and push the envelope of what is possible. These mistakes teach priceless lessons that advance both personal and professional growth.

Operational failures, on the other hand, are the kind that should be avoided whenever possible. These result from lapses in judgment, inadequate planning, or poor execution in areas where you should have had the knowledge and experience to succeed. They can be expensive and harm a person's reputation. It's critical to undertake a thorough study after an operational failure, pinpoint the underlying causes, and implement corrective measures to avoid repeating the same errors.

In conclusion, not every failure is identical. Individuals and organizations can promote an innovative culture while holding themselves accountable for avoidable mistakes by differentiating between experimental and operational failures. With this strategy, we may use failure as a driver of development and advancement, bringing us closer to our objectives.

Impact of Social Media on Mental Health



Bhavika Bhageria X E

The worldwide effect of social media on our everyday life in our fast changing digital world cannot be negated. Social media sites like Facebook, Instagram, Twitter, and TikTok have become crucial in our daily life as we share information. Although these platforms provide exceptional chances for worldwide communication and social growth, worries exist regarding their effect on mental health. The article covers the link between social media use and mental health, looking at both the advantages and disadvantages of these online events. There is no denying that social media's capacity to cross borders has improved interactions between people. By building relationships with loved ones, these platforms establish an online community where individuals may exchange life lessons, achievements, and unforgettable memories. Furthermore, social media is an effective tool for raising awareness, promoting social activity, boosting sounds, and supporting positive social change. The ability to establish helpful online groups and overcome feelings of loneliness are two benefits of being able to communicate with similar individuals abroad.

Even with these advantages, social media can have disadvantages. Since substances are carefully chosen, they frequently promote social comparison, where people assess their value by comparing them to the carefully composed stories of others. This condition may lead to poor self-esteem, jealousy, and feelings of failure.

Anxiety and despair have been found to be on the rise, particularly among younger populations that are constantly exposed to portrayed body ideals and lifestyles.

Several studies have looked at the connection between using social media and self-esteem. People's perceptions of themselves might be harmed by their desire to live up to the social norms that are shown on these platforms. An inflated version of reality is created by filters, picture fraud, and well-written descriptions, which leads to feelings of unhappiness and unfulfillment. Anxiety over how one looks, made worse by social media's emphasis on beauty, can result in harmful eating patterns and, in the worst situations, even serve as an introduction to eating disorders.

Another significant challenge linked to social media is the widespread appearance of cyberbullying and online neglect. The internet's privacy can encourage people to participate in risky activities, which can worsen the mental health of those who are the target.

In conclusion, there are numerous factors that are a link between social media use and mental health. These platforms provide extraordinary chances for social change and interaction, but they also bring with them unavoidable drawbacks. As we travel in the digital world, it is important that we recognize potential impacts on self-esteem, physical image, and mental well-being. Developing a healthy and sustainable online environment requires finding a balance between utilizing the positive aspects of social media and minimizing its drawbacks. A deliberate and conscious approach to social media usage becomes crucial to maintaining and improving mental well-being as we continue to progress in this digital age.





Flavorsome delectable sunshine, Takes my soul away a mile, As seasons dance in perfect time, Each moment, a fleeting, blissful smile Cool, refreshing and noisy rain droplets, Falling on the pane of my window Nature's rhythm, it never forgets, In every season's ebb and low Exuberance in the wind braces us up. Extremities and actuation we embrace, For in this change, we and our cup, Of life's rich tapestry, its vibrant grace. Summer's warmth and skies so clear. Autumn's leaves, a vibrant display. Spring's rebirth, a time to cheer, And winter's calm, in its own way. There is nothing like bad weather, They are all different kinds of good, Each season brings its own tether, To the cycle of life as it should. But why is the earth changing so drastically? Hitting a new high every day. As the scale climbs up in the summer, And sinks down further in the winter's gray. Our lands get progressively more barren.

And our rains get heavier, so it seems.

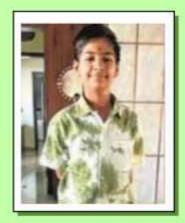
Awakening us from our tranquil dreams.

The climate is changing fast, Why aren't we?

For our future's in the choices we must lead.

It's time to heed. The call of nature, make it last,

The climate's shift, a dire concern,





MY SUMMER VACATION

I had a lot of fun during my summer vacations in the month of May and June. I visited my nani's house in Ahmedabad in the state of Gujarat during the vacations. I played both indoor and outdoor games there with my new friends. I also learnt many new things. I enjoyed my summer vacations a lot.



Aarush Banthiya VI C

मेरी प्यारी मां

मेरी प्यारी मां, तुम हो अनमोल, तुम्हारे बिना जीवन है अधूरा और गोल। खुद की चिंताओं को हमेशा किनारे रखती हो, मुझे और मेरे भाई को हंसी से भर देती हो। दिक्कतें चाहे कितनी भी आएं, तुम उन्हें अपने हौंसले से भगाती हो। हर मुश्किल का सामना करती हो हंसकर, तुम हमें हर दिन हंसाने की कोशिश करती हो। हमारे लिए खुद को कभी नहीं थकने देती हो, हमारी परवरिश में कोई कमी नहीं रखती हो। हम तुम्हारे लिए कभी भी बोझ नहीं हैं, तुम्हारी ममता में हमेशा बसे रहते हैं। तुम्हारे पंखों के नीचे हम सुरक्षित हैं, तुम हो हमारे जीवन का सबसे बड़ा गहना। मेरी प्यारी मां, तुम हो हमारी शान, तुम्हारे बिना अधूरा है हमारा हर अरमान। तुम्हारी ममता की छांव में, हम हंसते-खिलते हैं, तुम हो हमारी दुनिया, तुमसे ही हम जीते हैं।

